Pg nunber(s)	Services Listed	Specialty		
2	Appliance repair			
2	Baby, pet, house sitters	also see "pet car	e"	
2	Barbers, beauticians			
2	Blinds			
3	Bug exterminators			
3	Building, home repair	concrete work		
3	Building, home repair	drywall repair		
3	Building, home repair	granite work		
3	Building, home repair	paint/tile work		
3	Building, home repair	remodeling		
3	Building, home repair	stone walls		
3	Computer repair			
3,4	CPR/ tax preparers			
4	Dentists & Dental Specialists	general		
4	Dentists & Dental Specialists	childrens		
4	Dentists & Dental Specialists	orthodontists		
4	Dentists & Dental Specialists	periodontics		
5	Electricians			
5	Home services	floor & carpet		
5	Home services	general		
5	Landscaping, yard care			
5	Manicurists			
6	Massage therapists			
6	Medical Services	cardiology		
6	Medical Services	chiropractor		
6	Medical Services	clinics		
6	Medical Services	dermatology		
6	Medical Services	ear/nose/throat		
6	Medical Services	family doctor		
7	Medical Services	gastroenterology		
7	Medical Services	internist		
7	Medical Services	urology		
7	Medical Services, Eyes	eyes		
7	Pet care	Veterinarians		
7	Pet care	pet boarding		
7	Pet care	pet grooming		
7	Plumbers			
8	Neighborhood sales and service	Pampered Chef		
8	Neighborhood sales and service	Celebrating Home		
8	Neighborhood sales and service			
9	Neighborhood sales and service	Mary Kay		

-	I	Phone		Í
Service/Specialty	Name and Address	Number	Recommended By	<u>Comments</u>
APPLIANCE RE				
Appliance Repair	Big Jack Appliance	524-8596	the Shrivers	
BABY / PET / HO	DUSE SITTERS			
				Jane is an adult who can,
			Fred and Janet	if needed, stay in your
pet and house	Jane Landis		Rodriguez and	home to care for your pets
sitter	2339 Glorietta Pl	312-9294	Linda Atwood	while you are away.
	The Home Service			
pet and house	Mark and Nia Aresta	M=496-8463	Mark and Nia are	
sitter	4460 Maricopa Circle	N=496-1150	our neighbors	pet sitting & house sitting
Sitter	4400 Maricopa Circle	11-490-1130	our neighbors	pet sitting & nouse sitting
				"Navy brats" with lots of
				experience w/groups of
	Gabe Lunbeck (age 18)			children. They did babysitting for monthly ship support &
	Dylan Lunbeck (age 16)			other meetings. Experienced
baby, pet, house	Austen Lunbeck (age 13)			with many different pets,
sitters	4484 Miramar Arc	915-4261	their Mom, Crystal	including amphibians/reptiles.
BARBERS / BEA	UTICIANS			
	City Barber Shop			
Barber	North Main Street		John Sellenger	Good \$10 cuts for seniors
	Desert Beauty		Rikki Sellenger and	
Beauty Salon	2801 E Missouri	524-0197	Barbara Perkola	They both like Irene
	D-W H-'- C-l (El)			
D (0.1	BeYoung Hair Salon (Elva)	640.2727	N 1' 1 1'	. / 1
Beauty Salon	300 N Downtown Mall	649-3737	Melissa Landis	expensive/slow -worth it
	Lilia Casillas			
	Masters of Hair Design			Good haircuts for both
	115 Roadrunner Pkwy, #5		Linda Atwood and	men and women at a
Beauty Salon	(behind Fox Pizza)	649-9558	Janet Rodriguez	reasonable price
Deauty Salon	(bellilid Fox Fizza)	049-9338	Janet Rounguez	reasonable price
BLINDS				
	Budget Blinds	647-2655	Several have used	
	Gotcha Covered Blinds	382-1048	Atwoods	guarantee their product
	Cottona Covered Dillings	302 1040	11110000	Summinee their product
	1			_

Service/Specialty	Name and Address	<u>Phone</u> Number	Recommended By	Comments
BUG EXTERMIN				
	At Your Service	524-1243	Atwoods	
	Bugyman Exterminators	527-4393	Janet Rodriguez	
	Bug Guy (Jeff Murray)	635-7237	Cheryl Meredith	"friendly and professional"
	Wild West Pest Control	993-0379	Missy Saucerman	reasonable rates and professional
BUILDING, HON	ME REPAIR			
Granite work	Mario Lopez 4536 Miramar Arc	521-3943	he's a neighbor	wkd many yrs at Ceramic, tile & Natural Stone, Inc
Paint/Tile Work	Palacios Custom Painting	650-9314	Fred/Janet Rodriguez	Did a great job painting accent walls / tiling patio
Remodeling	Hudson Homes 4769 Camino Dos Vidas	527-9116	Atwoods	Filled in an arch for us and did a very good job
Drywall Repair	SNS Drywall (Keri)	496-4994	Covingtons	Did kitchen walls-great job
Stone Wall		496-1744	Pete Warden of	recommendation via
Builder	Gabe Vasquez	571-5444	Great River Co.	Sammie Covington
Concrete Work	M & M Custom Construction	496-2392	Robert Brecht	price
COMPUTER RE	PAIR			
	Bob's Computer Clinik Bob Millard	650-3728	Atwoods, Myers and others	can install, upgrade, repair, reasonable
CPR-TAX PREPA	ARATION			
	Barbara Ober 3025 Mimosa Ln	523-5211	Robert Brecht	Does a very thorough job
	Norm Fristoe at Fristoe and Co. 780 Walnut	527-2067	Dale Schueller	
CPR.TAY PREP	Ebbs, Roberts, Head & Daw 715 E Idaho, Bldg 1, Ste E ARATION, CONT.	525-8750	Denise Tafoya	happy with entire company

 Service/Specialty	Name and Address	<u>Phone</u> Number	Recommended By	Comments
_ 	Rice & Rice, CPAs			Has used Dan Rice for
	1065 S Main, Ste E	526-5969	Barbara Taylor	years - Very good!
	, , , , , , , , , , , , , , , , , , , ,			jean of general
	Lisa Willman, CPA			
	1744 Triviz Dr	522-3882	Roni Spetalnick	Tell her I sent you!
		022 0002		1 cm mor 1 some y con.
	Clifford, Ross & Cooper, LLC			Plans to use them this year
	1155 Commerce Dr, Ste E	524-1040	Fred Rodriguez	- he'll let us know!
		22:10:0	Trou Rounguez	ne ii iet as kiio w.
	Socorro Trujillo			She is well versed in
	at the Jackson Hewitt office			stocks, bonds, and capital
	455 N Valley Dr., Ste 4	524-2771	Sellingers	gains
	433 N Valley Dr., Ste 4	324-2771	Semilgers	gams
	Bill Brown (Office Mgr)		+	He is the office manager at
	Jackson Hewitt			
		504 0771	T 1 A 1	a year-round location.
	455 North Valley Dr., St 4	524-2771	Linda Atwood	Understands investments
	DENTE AL CIDECTA LICEC			
DENTISTS AND	DENTAL SPECIALISTS			
.	David Warren, DDS	504 5040		
Dentist	4141 Camino Coyote, Ste A	524-5812	Amy Garcia	Highly recommends him
	Dale Brown, DMD			
Dentist	225 E Idaho	524-8556	Monte Shriver	
Dentist	223 E Idano	324-0330		
	Bridgett Burris			
Dentist	1748 Triviz	522-1983	Cheryl Meridith	
	Dr Born			
Dentist	2205 S Solano Dr	522-7320	Judy Conn	very pleasant atmosphere
	I I C 'CCDDG MGD			
	John Conniff DDS, MSD			
	Conniff/Gormley Pediatric	500 000		
Children's Dentist	Dent. 2701 Missouri Ave	522-8229	Amy Garcia	(Amy is a dental assistant)
	Joy Trigo DDS		_	
Children's Dentist	1201 Medpark Dr	647-4089	Amy Garcia	(Amy is a dental assistant)
Ciliuren's Dentist	1201 Wedpark DI	047-4069	Alliy Galcia	(Allry is a delital assistant)
			+	Cindy has worked for him
	Dr. B. Joe Aday			for many years - highly
Orthodontics	2701 Missouri Ave, Ste D	522-1500	Cindy Peterson	recommends him
Ormodomics	2.01 1111550411 1110, 510 5	322 1300		1000mmenus mm
	Brad Aday, DDS		Shrivers, A Garcia	
Periodontics only	2701 Missouri Ave	522-2000	and Gary Atwood	
			<i>y</i>	•

Service/Specialty	Name and Address	<u>Phone</u> <u>Number</u>	Recommended By	<u>Comments</u>
	Current Controls, Inc.	639-1166	Robert Brecht	price
	Mr Electric	636-2758	Stuart Smith	Pricier, but guaranteed
HOME SERVICE	<u> </u>	+		
Carpet, tile,	Johnson's Custom Carpet		Linda Atwood &	Does carpet, upholstery,
upholstery cleaner	Cleaning	640-8600	Green Cleaning	tile & grout
•				, and the second
House Cleaners	Green Cleaning Service	649-7402	They clean several homes here!	they do good work w/ green products
	U			
Home Services	Veronica Gutierrez	621-7738	Jodie & Jim Page	Cleans closets/garages, does filing, whatever
	The Home Service			
	Mark and Nia Aresta	M=496-8463	Mark and Nia are	Cleans homes, windows,
Home Services	4460 Maricopa Circle	N=496-1150	our neighbors	helps w/ moving in/out
2101110	The Manager of the Control	1, 130 1100	001 11018110 010	noips w mo ing m out
LANDSCAPING A	YARD CARE			
Landscaping	Green Guys	526-9434	Atwoods	Stand by their work - fix any problems
	E.R.M. Landscapes	640 6570		less expensive than Green
Landscaping	Mike Montoya	642-6570	Spetalnicks	Guys - did excellent job
				They do an excellent job
Landscaping	Gardening by Monty Sarvo	993-6521	Melinda Landis	and at a good cost
1	Į, į			
Landscaping	Unique Landscaping	496-0553	Quinns and Coons	with/reliable
	A ' T 1 '	1		
Yard Care	Aggie Landscaping Joel Green	505-366-9897	Beth Anne Toney	pulls weeds, etc.
Talu Cale	Joer Green	303-300-9897	Betti Affile Tolley	puns weeds, etc.
	The Home Service			
	Mark and Nia Aresta	M=496-8463	Mark and Nia are	
Yard Care	4460 Maricopa Circle	N=496-1150	our neighbors	Cleans yards
NA NILOTIPIONO				
MANICURISTS	Hollywood Nails & Spa	+		Try the spa manicure
	Mesilla Mall, next to Chico's	522-1327	Linda Atwood	w/warm wax - \$18 +tx
	income man, next to emed s	322 1321	Zilidu I it Wood	With the will the

		Recommended By	<u>Comments</u>
olden Touch Massage			Deep tissue massage,
41 B Alameda, Ste 6	571-1020	Linda Atwood	reasonably priced
,			7 1
ane Landis		Lucille Sunday,	
Vell-Being Massage Therapy		Linda Atwood &	competitive rates
960 Schooner Loop	312-9294	Melinda Landis	(Jane is our neighbor!)
TES			
	522-7147	Monte Shriver	
323 S Teisnor, Bidg 11, #102	322 7117	Ivionic Shriver	
amily First Chiropractic		Amy Garcia	
		•	conservative approach,
	521_1215		not expensive
331 Camino Coyote, Ste B	321-1213	Linua Atwood	not expensive
r Edward Richardson			The best she's ever been to
	524-0400	Missy Saucerman	does xrays and follows up
refsection wading and want	324 0400	Wiissy Saucerman	does arays and ronows up
io Grande Med Grn (RGMG)			pediatrics, family, internal,
± ' '			women's health, allergists,
'	532-8900	Linda Atwood	lab on site. One stop shop
iext to nospitar)	332-6700	Linua Atwood	Tab on site. One stop shop
ichard Hempstead MD 509			she said he's very good, 5
-	525-0505	Dr Cunningham	month wait to see him tho
Wani, Ste 13	323-0303	Di Cullingham	month wait to see min tho
or Ondo 4351		Judy Conn and	
	521-7117		Highly recommended
Lomman, Ste 200	321 /11/	Sinivers	Triginy recommended
erry McMillan			
	521-3025	Monte Shriver	
130 Commerce D1	321 3023	Trionte pinivei	
aldomero Garcia, MD			
· ·	521-7550	Weldon Perkola	Listens to you; takes time
oos minise, ste m	321 7330	vv eldoli i erkolu	Listens to you, takes time
ohn Glick, MD 2908			Very pleased withsince
	522-5222	Monte Shriver	1989!
	344 3444	THOME SHITYEI	1707.
enise Leonardi, MD			She's very thorough -
· ·	522-5205	Susan Straetz	takes time/listens to you
135 5 Willin	322 3203	Susuii Stractz	takes time/fisteris to you
	Vell-Being Massage Therapy	Tell-Being Massage Therapy 260 Schooner Loop 312-9294 SES erry Bouleware 525 S Telshor, Bldg 14, #102 322-7147 Amily First Chiropractic Tr. Ryan Gutierrez 331 Camino Coyote, Ste B 521-1215 Teldward Richardson tersection Madrid and Main 524-0400 351 E Lohman, Ste 301 text to hospital) 532-8900 Sichard Hempstead, MD 509 Main, Ste 13 Tondo 4351 Lohman, Ste 208 521-7117 Erry McMillan 130 Commerce Dr 521-3025 Sohn Glick, MD 2908 illrise Dr 522-5222 enise Leonardi, MD	Tell-Being Massage Therapy 260 Schooner Loop 27

Service/Specialty	Name and Address	<u>Phone</u> <u>Number</u>	Recommended By	<u>Comments</u>
MEDICAL SERV	VICES, CONT.			
	Imad Idriss, MD			
Gastroenterology	2427 S Telshor	522-1059	Monte Shriver	
Internist	Dr Sangeeth Shanbhag	521-8500	John Sellinger	Very good - speciality is diabetes, women's health
Urology	Thomas Gormley, MD 2701 Missouri Ave., Ste A	522-7880	Monte Shriver	
MEDICAL SERV	ICES, EYES			
	Richard Lazaro, MD			
Opthamology	1131 Mall Dr	522-7676	Shrivers, Conns	
	Dr Edward Hernandez	522 2020	Wootten, Atwoods,	(across from Cold Stone
Opthamology	2810 N Telshor	523-2020	Kathy Corsentino	Creamery)
PET CARE				
Dr Carol Calista	Calista Animal Hospital		Cheryl Meredith,	
or Dr Matanis	1889 Calle de Ninos	525-1000	Linda Atwood	"very caring"
Pet Boarding	Calista Kennels/boarding	525-1001	Linda Atwood	
1 ct Boarding	Cansta Kemicis/ boarding	323-1001	Linda Atwood	
Pet Boarding	Wagging Tail Dog Sitting Lanette Tomten 2190 Virginia Pine Pl	373-0490	Matthew Petersen	Dog sits in her home - prefers small dogs but will accept larger ones.
Pet Grooming	Wet Dog Mobile Pet Grooming	993-0379	Missy Saucerman	they're awesome!
PLUMBERS				
	Mr Rooter	525-9453	Atwoods	Came fast in an emergency
	Pronto Plumbers Heating/Cooling	524-9349	Spetalnicks	They are quick & efficient
	Sun City Plumbing and Heating	526-9758	Atwoods	We have a 6-month maintenance plan on our heater/air conditioner. They are on time/efficient
	NEIGHBORHOOD SAL	ES AND SE	ERVICE CONSUL	TANTS
		,		· _ · _ · _

_		Phone]
Service/Specialty	Name and Address	<u>Number</u>	Recommended By	Comments
NOTE: If you ar	lre interested in getting information	about these pro	ducts or services or v	yould like to host a home
	ct the consultants directly so they			
	to send out "all-neighbor" sales en			
			<i>g</i> -,	
PAMPERED CHE	EF SALES CONSULTANT			
			email:	
	Karen Trujillo		karen@karentrujillo	1
	4444 La Cienaga Place	571-8028	.com	stoneware, etc.
CELEBRATING	HOME CONSULTANT			
				I sell products from the
				Celebrating Home
				catalog. This is the new
				name for two very well
				known companies, <i>Home</i>
				and Garden Party and
				Home Interier. You are
				always welcome to call me to send you a catalog, or if
				you are ever interested in
				receiving 20% free
				porduct we can have a
				party! If you are looking
				to earn a little extra
				money, you have the
				potential to earn form 30%
			email:	up to 45% in commission.
			aregarcia13	Check out my website to
			@yahoo.com	see all of the wonderful
				products we carry to
			website:	decorate your home.
	Amy Garcia	496-2668 - c	www.celebratinghome.	There are a variety of
	2414 Tesuque Place	524-1876 - h	com/sites/amygarcia	styles & great gift ideas.
VIDEO TRANSFI	I ER SERVICE			
, ILLO IIIIIII	<u> </u>			Video transfer to DVD. 8mm,
	Janice Garcia		Janice is our	VHS, VHS-C, and Mini-DV to
	2503 Pagosa Hills	382-2196	neighbor	DVD.
MARY KAY COS	METICS SALES CONSULTA	<u>NT</u>		

		Phone		
Service/Specialty	Name and Address	Number	Recommended By	Comments
				Hello beautiful you! I am
				your local Mary Kay
				Beauty Consultant. I have
				a line of cosmetics from
				skin care products to
				liquid and mineral powder
				foundation, eye, cheek,
				and lip color, oil free eye
				make up remover,
				moisturizers w/SPF, and
				much more. Also available
				is a men's line of skin care
				and fragrances. Let me
				save you money by
				offering you monthly
				specials and let me save
				you time by shopping in
				the convienience of your
				home and have me
				personally delivering all
				your cosmetic needs.
			email:	Please feel free to call or
			pcarrillo@marykay.	email me at any time to
	5		com	request a brochure, or
	Patricia Carrillo	cell	or email:	samples of cosmetics or to
	4464 Maricopa Circle	505-463-2123	carrillod77@msn.com	place an order.